



**GRANITE STATE G.I.**

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Granite State Gastrointestinal Consultants P.L.L.C.

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**PREPARATION FOR UPPER ENDOSCOPY**

**NOTHING TO EAT AFTER MIDNIGHT  
CLEAR LIQUIDS ONLY UP TO 3 HOURS PRIOR TO PROCEDURE  
(CLEAR, YELLOW, GREEN, BLACK AND BROWN LIQUIDS)**

**Please check your insurance company for coverage and deductible.**

**THE DAY OF THE PROCEDURE:**

- A. Arrive at Nutfield Medical Center at \_\_\_\_ a.m. Entrance D Suite 103.**
- B. Bring a list of your current medications with dosages and a list of allergies with you.**
- C. You will need a ride home approximately 1/2 - 1 hour after the procedure. Because of sedation, the hospital will NOT allow you to drive yourself home (or take a taxi) after the procedure. You must obtain a ride home from someone you know.**
- D. Rest at home the remainder of the day. Your memory, coordination, and judgment may be impaired the rest of the day after the test.**

**IF YOU SHOULD HAVE ANY PROBLEMS/QUESTIONS REGARDING YOUR PROCEDURE AFTER OUR NORMAL BUSINESS HOURS PLEASE CALL 432-8802. THE ANSWERING SERVICE WILL PAGE THE ON-CALL DOCTOR.**

**SPECIAL INSTRUCTIONS**

**BLOOD PRESSURE AND HEART MEDICATIONS: MAY BE TAKEN AS USUAL MORNING OF THE PROCEDURE. ALL OTHER MEDICATIONS SHOULD BE HELD AND RESUMED AFTER THE PROCEDURE.**

**FOLLOW-UP OF/RESULTS: \_\_\_\_ BY LETTER OR CALL IF NEEDED.**

